

The History of Hypnosis

Based on pictograph, people had applied **hypnosis** method far before history itself is noted. In Eber Papyrus, having age approximately 3000 years, tells Greek diviner using method hypnosis in his work. In Greek papyrus manuscript told us about the existence of therapy temple, where therapy is done with made patient asleep before the soothsayer took a cure by saying certain words to patient. In India, a temple wall describe that therapy process was taken when the patient in trance state through rhythm dances or movements in event of ritual healing.

In 1500,

Paracelcus

coined magnetism, where patient could be cured by using magnet, as he did to his patients.

Franz Anthon Mesmer (1734-1815) In 1772, **Franz Anton Mesmer (1734-1815)**, an Austrian physician, a student of

Maxmillian Hell

brought the use of healing magnets to Vienna, is widely acknowledged as the 'Father of Hypnosis'. Noting what his teacher did to heal his patients, he believed that there was a quasi-magnetic fluid in the very air we breathe and that the body's nerves somehow absorbed this fluid. As a doctor, his main concern was how to effectively treat his patients, and he considered disease to be caused via a blockage of the circulation of this magnetic fluid in the blood and the nervous system. Curing disease would, in his view, involve correcting the circulation of this liquid.

One day by coincidence Mezmer couldn't find his magnet and used a stick instead, still causing the bleeding to stop, it was this that led Mesmer to believe that the magnetic energy came from within the patient, and he believed that he had "power" to flow the magnetic energy to that stick to stabilize magnetic energy within the patient. He eventually labeled the term *Animal*

Magnetism

One of way of therapy done by Mesmer was by filled full a basin with water then loaded iron. Patient was asked to holds iron in the water tub. If the patien more then one, they were asked to holds string connecting between them so that magnetic energy could to every patient body. Then Mesmer did a theatrical drama assisted with smoke and mirror game. This situation made patient became drift and dissolved, so that, among of them experienced trance such their body were shaken by this drama! They were also hallucinated, they saw Mesmer hand release smoke when it moved on the air and pointed to basin. The trance patient then touched by Mesmer, then expressed recovers. Mesmer declared that he had special strength, a miracle. By using strength or the miracle, he could canalize and channel magnet energy to a glass. So that, one who drank from that glass could recover from the disease. This made Mesmer famous and rich, but on the other sied he got opposition from medical world and church. They

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suspected that Mesmer did a quack practice, when at that time church hardly prohibited the action like that.

In the year 1816, by request of **King Louis XVI**, Mesmer called by the commission of France Medical Academy headed by Benjamin Franklin, where the members included

Dr. Joseph Guillotine

and

Antoine Lavoisier,

the chemist, to investigate the erudition of Animal Magnetism.

The meeting concluded that MESMER WAS NOT FLOWING ANYTHING FROM HIS HAND when curing his patient. Without magnetism coined by Mesmer, patient could also trance and recovered. Even, like the one observed by Benjamin Franklin, there was a patient touching an object which was said has been flown magnetic energy, doesn't recover at all. Without game of theatrical drama, magnetism was not happened. So it's concluded also that magnetic dilution didn't exist!

Animal magnetism didn't exist! Mesmer didn't had any miracle in healing the patient. Patient recovered because being dissolved in a drama treatrikal....!!! Then Mesmer was expelled and moved out town and finally died peacefully in Swiss. But Mesmer already had many followers at that moment. Among them was Catholic priest called Fr. Joseph Gassner, who did mesmerism through his ritual activity.



Marquis de Puysegur **Marquis de Puysegur (1781-1825)**, a mesmerian (who was using Mesmer method) in curing his patient, introduced hypnotic state term as we recognize today, like somnambulism or sleepwalker for deep hypnotic state.

Dr. John Elliotson (1791-1868) and **Dr. James Esdaile (1808-1859)** applied mesmerism as a means of anesthesia. More than one hundred mans had been cured by using this way. Curative method with hypnosis became unpopular after finding of chloroform. Besides, it had get contradiction from church. According to them God has complemented man with pain, so that pain may not be eliminated.

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Dave Elman



Ormond Mc. Gill



Gil Boyne



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New hypnosis grows rapidly in the UK. An expert in the field says that hypnosis is not just for stage magicians but can be used in a wide range of medical and psychological treatments. The expert says that hypnosis is not just for stage magicians but can be used in a wide range of medical and psychological treatments.